

FOUNDATIONS FOR SUCCESS: LEARNING COLLABORATIVE





Harm Reduction in Bridge Housing A Facilitated Discussion

October 17, 2023

2:45 pm to 4:00 pm PT

DHCS Welcome

Christina Yoakam, Program Analyst
Behavioral Health Bridge Housing Section
Community Services
Department of Health Care Services





Facilitators

- Sarah Kimbrough
- Sherri Downing







Who is Here?

Share your:

Name

County

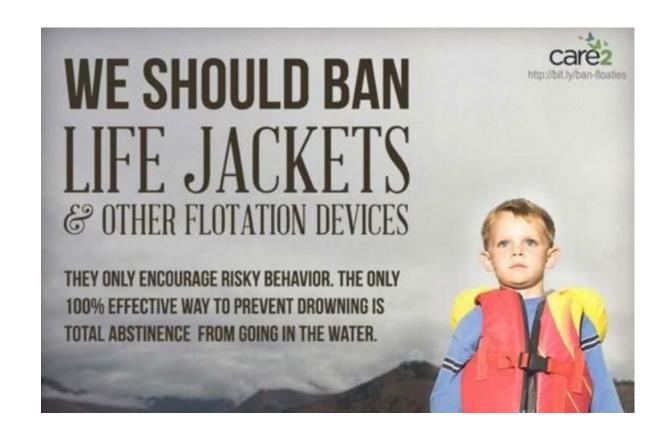
Why did you pick this session to attend? -or- What do you hope to hear from others in this space?





About Harm Reduction

- Harm reduction is about safety & health: sunscreen, seat belts, speed limits, cigarette filters - lots of behaviors come with risk & potential harm
- Offers services without judgement, coercion, or preconditions
- "Abstinence only" doesn't work for everyone and puts people in a win/lose dichotomy that can become fatal
- Harm reduction is client-centered, strengthsbased & trauma-informed









Discussion Points

- 1. What parts of harm reduction do you agree with?
- 2. How has harm reduction looked in your environment?
- 3. What are the challenges?
- 4. What are 3 ways you can implement harm reduction in BHBH?
- **5.** What outcomes do you expect?





Behavioral Health Bridge Housing Resource Library

